

Luggage Checklist

Good Walking Shoes (running/tennis shoes are fine)	
Sandals	
Swimsuits	
Good quality sunglasses	
Sun hat	
Golf-shirts, T-shirts and long-sleeved cotton shirts	
Shorts/skirts Long trousers/slacks	
Sweat pants/sweat shirt	
Warm winter sweater	
Warm Anorak for the cold winter months (May to September)	
Underwear and socks	
Personal toiletries	
Cosmetics	
Moisturizing cream, Sunscreen & Lip balm	
Insect repellent	
Malaria tablets (if you choose)	
Basic medical kit (aspirins, plasters, Imodium, antiseptic cream and Anti-histamine cream etc)	
Tissues/"Wet Ones"	
Camera, video camera, film, batteries, binoculars	
Waterproof/dustproof Ziploc bags/cover for your cameras	
Camera equipment, charges and plenty of digital storage	
Visas, tickets, passports, money, etc.	