



This document serves as the official Terms and Conditions for the Spar Gondwana Moon Valley Marathon Event. The event is scheduled to take place on 19 March 2022. Please take note that the date is subject to change pending travel restrictions or additional force majeure measures as set out in this document.

Terms & Conditions

The main organising party and host of the event is Gondwana Collection Namibia (Pty) Ltd. From this point forward to be listed as the Organiser. Sponsors and supporting parties include:



The event is identified as Spar Gondwana Moon Valley Marathon and is herein to be referred to as the Event.

1 Event Entries

Entries will take place online, via the Gondwana Collection Namibia website and Pay Today registration platform <https://site.paytoday.com.na/moon-valley-marathon/>

Please complete all fields of the entry form.

The Organisers retain the right to expel any entry forms that are not completed correctly.

Entries open on 15 February 2022 at 12:00.

Entries close on 14 March 2022 at 17:00.

Late entries will not be accepted.

Additional information for the race can be requested by contacting the following address: mvm@gcnam.com

The Organisers encourage the minimum age of entry at 21 years and older. However, younger athletes are welcome so long as relevant medical certification is submitted.

Participants are required to provide their Medical Insurance information in the entry form.

Participants are required to provide contact information for their next of kin/emergency contact person.

Entries are non-refundable.

2 Event Routes

Entrants to take note that this event is classified as a trail run.

The routes include a combination of jeep tracks, single tracks, as well as raw terrain (i.e. no track).

Routes will be clearly marked with directional signage, bunting, ribbons or ground markings.

Route maps will be made available prior to the commencement of the event.

Please note that the Organisers reserve the right to modify/adapt routes at short notice, at their own discretion. Distances may be impacted by these modifications.

3 Registration

Pre-race registration to be done at The Delight Swakopmund, Theo-Ben Gurirab Avenue, Swakopmund on 18 March 2022 from 12:00 till 20:00

All participants are required to register prior to the Event start.

Registration packs and numbers will be handed out to participants.

4 Personal Equipment

Suggested equipment for all participants, include:

- A hydration pack with a minimum of one (1) litre capacity for water

- Fully charged cellular/satellite phone
- Race nutrition / Emergency nutrition
- Simple medical kit / strapping / pain medication / antiseptic and plasters
- Sunblock
- Buff or sun protection / hat
- Salt tablets / electrolyte replacements

As this is a trail race the water points will be further apart thus, we recommend personal hydration.

5 Start/Finish

Please note that the Event day format is subject to change at the discretion of the Organisers, and furthermore is dependent on Namibian and international COVID-19 Safety Regulations.

Participants are required to report to the starting point 30 minutes prior to the indicated starting time.

Participants who do not complete their distance marathon by the indicated cut off time will be collected by the Sweep Vehicle and transferred back to the starting point.

Full marathon starts at 06:00 / cut-off at 13:00.

Half marathon starts at 06:00 / cut-off at 10:00

10km starts at 08:00 / cut-off at 10:00

Please note that there are prizes available to the first 3 women and first 3 men in each distance category.

Prize giving will commence 13:00 at the starting point.

6 Hydration/Water Points

Participants are responsible for their own hydration and race nutrition, particularly when specific needs are required.

Water points with limited nutrition options will be available throughout the route, however participants are responsible for their own well-being.

7 Environment

Littering

The event is set to take place across a pristine natural environment.

Littering will not be tolerated. Organisers reserve the right to implement a DNF (did not finish) for participant if they are caught littering during said route.

All containers, packages, any and all non-biodegradable items are to be disposed of responsibly in bins provided at water points or at the start and finish points.

This event takes place in Protected and Communal Nature Areas.

Participants are required to act responsibly during every route engaged in.

Participants may come across wild animals during the event. It is expected that participants will not engage the animals. Do not approach the animals head on.

Participants are not to feed the animals.

Participants are required to slowly move around animals.

All participants are required to respect the environment for the full duration of the event.

8 Safety Measures

Participants are responsible for their personal wellbeing. It is crucial for participants to be aware of their personal limits and to listen to their body's needs.

Participation in the Event is voluntary and engaged in at the participant's own risk. The Organisers and Sponsors are not liable for any injury or damage/loss of property that may occur during the Event.

Furthermore, the Organisers and Sponsors are not liable for any legal or financial compensation due to injury, damages or losses incurred during the event.

Part of this Event does not take place on registered roads, and therefore participants are responsible for their own safety, and acknowledge and accept that certain risks are inherent to off-road events. Town sections will have traffic escorts.

Certain trails will have different consistencies than others, due to the varying trail types. These include but are not limited to:

- Loose gravel and stone-based surfaces.
- Uneven surfaces
- Loose sand
- Compressed sand (jeep tracks)
- Overgrown pathways

In the event where a participant is injured, please request a fellow participant to notify the marshals at the closest water point or call the emergency support number. Relevant

arrangements will be made to assist the injured participant. It is crucial that participants not continue on the on the trail and risk exacerbating an injury.

9 General Rules

All participants are required to, at all times:

Practice good sportsmanship.

Be responsible for their own safety and well-being.

Follow instruction from Event officials.

Treat all participants, officials, volunteers and spectators with respect and courtesy.

Inform Event officials if participant chooses to withdraw.

Ensure familiarity with the route.

Participants are not permitted to participate with pets.

Participants are required to be punctual at all times and respect start and cut-off times.

10 Transport

The organiser and sponsor is not responsible for participant transport / transfers.

11 Visual Material

By Agreeing to these Terms & Conditions and entering to participate in this Event, all participants agree to feature in promotional material (photographic and video) that has taken during this Event.

12 Participants' Warranties and Disclaimers

By entering and partaking in this event, the participant;

Acknowledges and unconditionally accepts the aforementioned terms and disclosures of the Event as communicated by the Organiser, and undertakes participation in this Event at sole discretion and liability;

Indemnifies the Organiser, Sponsors and affiliates to the Event from liability for any and all personal loss, damage or injury suffered as a result of their participation in this Event.